

# Miller Swim School

## Waiver of Liability for Lifeguard Training Classes

In the Lifeguard Training course the participant will be educated on the duties and responsibilities of a lifeguard in a professional setting. They will also learn a number of life guarding techniques, such as surveillance; proper use of rescue equipment for a distressed swimmer, active drowning victim, and passive drowning victim; and proper care for individuals who may have a head, neck, or spinal injury.

Successful course completion requires participation in classroom and skill sessions, as well as successful performance in skill and knowledge evaluations. Due to the nature of the skills in this course, you will be participating in strenuous activities, such as performing cardiopulmonary resuscitation (CPR) and removing a victim from the water. If you have a medical condition, disability, or if you have any questions about your ability to participate in this course, you must discuss with your physician or health-care provider and the instructor responsible for the course PRIOR to the start date of the life guarding course.

### **Pre-Requisite Physical Exam for the American Red Cross Lifeguard Class:**

- Tread water for 2 minutes (using only the legs)
- Swim 300 yards continuously, using freestyle and breaststroke, demonstrating breath control, stroke proficiency, and rhythmic breathing
- Timed brick retrieval ( 1 minute 40 seconds )

No refund will be issued for cancellations made within 7 days of the start of class. A request for a refund for any reason that is made prior to the start of class will be assessed a \$50 processing fee. The Pre-Requisite Exam must be taken at least two weeks prior to first day of the Lifeguarding Course. Participants who fail to meet the course prerequisites will be offered a chance to take another class offered at a different time; or may request a refund for the amount paid less the \$50 processing fee if before the 7 day non refundable period. There will be only 2 chances given to complete and pass the pre-requisite test. Refunds will automatically be given after a second failed attempt at completing the pre-requisites less the \$50 processing fee. Refunds may take 2-3 weeks. **There are absolutely no makeup classes for missed classes in a lifeguard course.** No refund will be issued if a participant does not pass the course or does not attend the full course. Nor will refunds be issued if enrollment for the Lifeguarding Course takes place within 7 days of the first class meeting.

Classes may be held at multiple locations. It is not the responsibility of Miller Swim School or its representatives to transport the participant between locations, not do we take any responsibility for supervision of the class during a scheduled lunch or dinner break. Please make arrangements for the participant to be transported between locations.

### **\*BLENDED LEARNING STUDENTS\***

All videos must be completed **2 days** before the first day of class. Students must complete all exams and other online work **before 8am on the last day of class**. Participants will be given 2 opportunities to pass the online exam. If both attempts result in failures, the student then fails the entire course and there will be no refund issued.

By signing below, I acknowledge the statements made above regarding the strenuous nature of the class, refund or cancellation policies, and scheduled break and transportation policies.

\_\_\_\_\_  
Name (Please Print)

\_\_\_\_\_  
Signed (if over 18)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent or Guardian (if participant is under 18)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Emergency Contact

\_\_\_\_\_  
Phone Number